



BWIM | MONTH OF **ADV♀CACY**

Spiritual Formation Resources

- [Soul Care in African American Practice Workbook](#) by Barbara Peacock
- [Sacred Self-Care: Daily Practices for Nurturing our Whole Selves](#) by Chanequa Walker-Barnes
- [A Rhythm of Prayer: A Collection of Meditations for Renewal](#) edited by Sarah Bessey
- [This Here Flesh](#) by Cole Arthur Riley